The Use of a Machine Learning Algorithm for Early Detection of Sepsis Can Reduce Occupancy Rates, Save Lives, and Reduce Costs for US Hospitals

ABSTRACT

Objectives: Use of a machine learning sepsis prediction algorithm for early detection of sepsis (NAVOY CDSTM) has been shown to improve patient outcomes, decrease mortality, and reduce hospital length of stay (LOS) in Sweden and the UK. NAVOY CDSTM uses variables routinely collected at intensive care units such as vital parameters and laboratory values to predict sepsis. This research aims to evaluate what impact NAVOY CDSTM would have on occupancy rate, hospital costs, and lives saved per year for a representative hospital in the US.

Methods: The US version of the health economic model is an extension of the published model for Sweden and the UK. The US version aggregates hospital LOS per patient to a representative hospital in the US while also able to conduct analyses for individual states and hospitals. Data were taken from a randomized, prospective clinical evaluation from literature sources and local price lists. The model base case (BC) assumes that with earlier clinical decision-making, time to treatment coincides with time to detection and the algorithm predicts sepsis three hours prior to onset. Clinical practice method for sepsis detection is SOFA.

Results: In the model BC, compared to SOFA, NAVOY CDSTM results in 9 saved lives, 5.3 percentage points reduction in occupancy rate and cost savings of \$888,521 per hospital and year. When comparing NAVOY CDSTM and NEWS-2, results showcase 10 saved lives, 6.5 percentage points reduction in occupancy rate and cost savings of \$1,241,753. Outcomes were more favorable for hospitals with higher occupancy rates (>80%). A three-hour faster detection in the model BC resulted in 46,493 lives saved per year in the US depending on current practice method for sepsis detection.

Conclusions: NAVOY CDS TM will have substantial cost and lifesaving impact for health systems in the US, particularly in hospitals with high occupancy rates.

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